



Adams County Aging Network

Lighting the Way to Positive Aging
in Adams County
ACAN News



August 2017

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Christina Harris
ACAN Coordinator

303.818.7232

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ACAN Membership Meeting

August 1, 2017 @ 9:00 a.m.

Continental Breakfast @ 8:45 a.m.

**Margaret Carpenter Recreation Center
11151 Colorado Blvd, Thornton, CO 80233**

Senior Answers

Pat Cook, RN BSN MA

CGS Project Manager

Patricia Cook is the Special Projects Manager with the Colorado Gerontological Society (CGS). Pat provides community education and counseling to assist successful engagement and realization of managing socio-economic balance for seniors and their care partner(s) in Colorado. Pat has been engaged in conversations and policies at the state and local level in behalf of seniors since 2012.

CGS

Building Leadership in Aging

**Adams County Aging Network
Member Meeting Summary
Margaret Carpenter Center
July 11, 2017**

Call to Order:

Angela Hall, ACAN Chairperson, called the meeting to order @ 9:00 a.m.
A3 provided our delicious breakfast. Thank you!

Approval of Minutes:

Summary minutes of June 2017 were approved.

ACAN Announcements:

ACAN Conference Committee is seeking volunteers to serve on the Committee for the 2018 Conference. Please contact the ACAN Coordinator if you are interested.

Membership Introductions and Announcements: 32 in attendance

Presentation:

Barbara Boyer, Executive Director, A3

A3 is a 501(c)3 non-profit dedicated to personalized education, training, and support for individuals significantly impacted by vision loss to help them adapt, adjust, and achieve maximum independence. Barbara explained the services that A3 provides, the work the volunteers provide and the volunteer opportunities that are available. From regular in home visits to making sure you have transportation to your next appointment, A3 has a network of solution providers.

Contact Information for A3

Website: www.A3Colorado.org
Address: 910 16th Street, Suite 1240 Denver, CO 80202
Email: hello@A3Coorado.org
Phone: (303) 831-0117

Adjourned:

Meeting was adjourned at 9:50 a.m.

ACAN Senior Conference 2018

Adams County Aging Network is beginning preparations for our 2018 conference. We would like to invite our members to participate on our Senior Conference Committee. Meetings will begin in September. Contact acancoordinator@gmail.com.

Exhibitors, please ensure your business or organization has a space at the conference by completing an early reservation. Last year we had a waiting list for our exhibitors. Register early! Contact acancoordinator@gmail.com.





Safety Corner

Caretakers

What is the legal definition of a caretaker?
What is caretaker neglect?

“Caretaker” is a person who:

- (a) Is responsible for the care of an at-risk person as a result of family or legal relationship;
- (b) Has assumed responsibility for the care of an at-risk person; or
- (c) Is paid to provide care or services to an at risk person.

What is the legal definition of caretaker neglect?

“Caretaker neglect” is the neglect that occurs when adequate food, clothing, shelter, psychological care, physical care, medical care, or supervision is not secured for an at risk person or is not provided by a caretaker in a timely manner and with the degree of care that a reasonable person in the same situation would exercise.

Why is this happening now?

- Some elderly are vulnerable.
- Most abusers are caretakers, who are financially supported by their elders.
- Most caretakers already juggle a hectic life as well as caring for the elder.
- Elders may lack communication ability.
- Elders may have fear of reporting.
- Elders may fear their abuser.

Did you know 90% of the suspects involved in elder abuse cases are family members, loved ones, and caretakers, who are known to the victim?

Written by Detective Angela Hall, Adams County Sheriff's Office
From Patrol Officer In-service training for "Elder Abuse"

**If you or someone you know is a
victim of neglect, please take action!**

**Call (303) 227 – 2049
Adult Protection Services**

Report what is going on!

“If you want to be happy, do not dwell in the past, do not worry about the future, focus on living fully in the present.”

*— Roy T. Bennett,
The Light in the Heart*



ADAMS COUNTY AGING NETWORK

Lighting the Way to Positive Aging in Adams County...

C/o The Senior Hub

2360 W 90th Avenue

Federal Heights, CO 80260

Phone: 303-818-7232

Future ACAN Meetings

- August 1, 2017** **Senior Answers**
CO Gerontological Society
Board Meeting
- September 5, 2017** **Member Meeting**
Adams County Sheriff
- October 3, 2017** **Member Meeting**
Community Reach Program
Board Elections
- November 7, 2017** **Senior Safety**
Thornton Fire Department
Board Meeting

ACAN Membership Dues

Annual dues are:

Individual over 60	FREE
Individual membership, under 60	\$20
Nonprofit agency	\$35
For profit business	\$65

We request that members pay dues, but do not restrict our meetings or mailings to dues-paying members. This helps support the organization. Advertising is restricted to dues-paying members. Make your checks payable to ACAN and mail to the newsletter return address.

Website: <http://www.acanonline.org>

Cultivate an Attitude of Gratitude

An idea for helping yourself to develop an attitude of gratitude is a 'gratitude rock'. Carry it with you along with your keys and wallet. The idea is to remember and say "Thank You" for something in your life, each time you touch or see the rock. For example, when you empty your pocket at night; when you pack up your things in the morning; or when you reach for your keys. An actual rock is not necessary; you can use anything small as a figurative representation.

Source: www.thinksimplenow.com

ACAN News is a monthly publication of the
Adams County Aging Network.

A benefit of our dues paying members is advertising. Kindly submit advertising requests by the **15th** of each month for the next month's publication.

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